

Tortilla Grilled Cheese Sandwich: Quick, Easy & Kid-Friendly-Safe-To-Make



TIP: My daughter was stuck without bread to make a sandwich for school lunch one morning. We looked through the fridge, found some tortillas and put together this sandwich that can either be left whole or cut in half with a safe-to-use table knife.

Preparation Time: About 1 minute

Cooking Time: About 2 minutes

Needed

Grated Cheese (I'm using mozzarella cheese, but any grated or sliced cheese will work fine.)

2 Pieces of Bread

Microwave Oven Safe Plate

Table Knife

Toaster

Microwave Oven



1. Put a **tortilla** on a microwave oven safe plate.



2. Put a **piece of sliced turkey** (or any cold cut) on **half the tortilla**, and...



...cover with a **generous layer of grated (or sliced) cheese**.



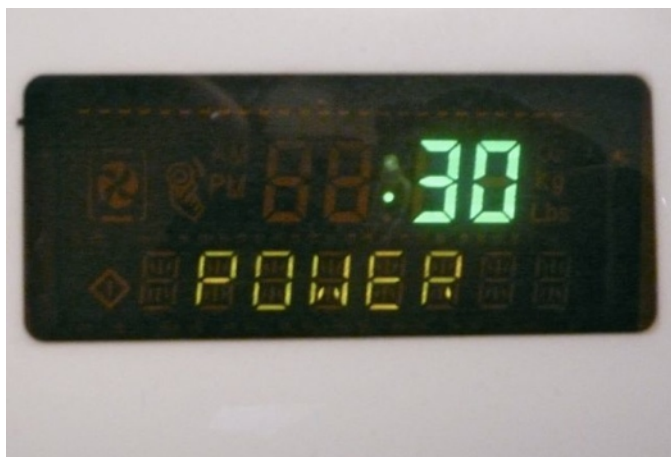
3. Fold the **empty half of the tortilla** over the **meat and cheese covered part of the tortilla**.



4. Put the **tortilla** in the microwave oven, and...



...cook using **HIGH** heat for about 30 seconds until the **cheese** just starts to melt.



5. Remove the plate from the microwave oven.



5. Let the **freshly cooked tortilla grilled cheese sandwich** rest until it is safely cool enough to touch, and either enjoy it as is or cut it in half with a table knife.



© 2011 Bruce Tretter

www.gotta-eat.com

[Click here for a direct link to the Gotta' Eat homepage.](http://www.gotta-eat.com)