Quick Microwave Oven Cooked Tortilla Pizza



TIP: My 11 year old daughter, Caroline, taught me how to make a tortilla pizza. It's quick, easy and very flavorful and can be used either as a snack, lunch or dinner.

Preparation Time: 2-3 minutes

Ingredients

1 Tortilla (I used a whole wheat tortilla, but any tortilla will work)
Tomato or Pasta Sauce
Grated (or sliced) Cheese (I used a reduced fat Italian Cheese mix but any cheese will work)
Pepperoni or any other Pizza topping (optional)



Equipment

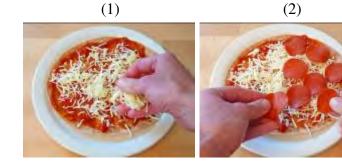
Microwave Oven (insert picture) Microwave Oven Safe Plate Pot Holder or Dish Towel Tablespoon Table Knife



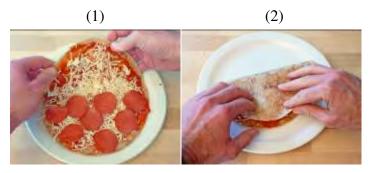
1. Use a tablespoon to spread a thin and even layer of **tomato sauce** over the entire **tortilla**.



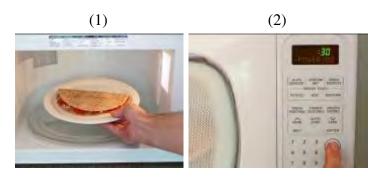
2. Cover the **sauce** with **grated cheese** (1) and either leave it as is or top half the **cheese** with **pepperoni** (optional) or any other **favorite pizza topping** (2).



3. Quickly and carefully fold the **tortilla** in half as shown in (1) & (2) below.



4. Put the **tortilla** in the microwave oven (1) and cook using HIGH heat for 30 seconds (2).



5. Use a pot holder (or folded dish towel) to remove the **cooked tortilla pizza** from the microwave oven. The **tortilla pizza** is done when the **cheese** is melted.



6. Use a table knife to cut the **tortilla pizza** into 2-4 pieces as shown in photos (1) - (3) and serve warm.





